

No. 70113/2008-IPS II  
 Government of India, Bharat Sarkar  
 Ministry of Home Affairs-Goth Mantralaya

North Block, New Delhi-1  
 Dated, the 21<sup>st</sup> November 2008.

To

The Chief Secretaries and DGPs of all State Governments  
 (As per standard list)

Sub: All India Service (Performance Appraisal Report) Rules, 2007 - forms for  
 annual health check up - Reg.

Sir,

I am directed to refer to this Ministry's letter of even number dated 6.5.2008 whereby the All India Service Rules (Performance Appraisal Report) Second Amendment Rules, 2008 for IPS Officers notified by Department of Personnel and Training was intimated. Regular annual medical check-up is mandatory for all IPS Officers, as prescribed in the aforesaid rules. The proforma for health check-up of IPS officers as finalized in consultation with Ministry of Health & Family Welfare is enclosed. (Annexure). The medical format is also available on the official website of Ministry of Home Affairs at <http://mha.nic.in> for information and guidance.

2. It is requested that the above may be brought to the notice of each IPS officer serving under the respective State Governments/Union Territory. Necessary action may be taken for authorizing Government/ Private Hospitals for undergoing annual health check-up by the IPS officers and the charges for the same will be born by the respective State Governments/ Union Territory.

3. The annual medical examination by IPS officers will be undertaken during the second half of the reporting period i.e. from 1<sup>st</sup> October to 31<sup>st</sup> March.

Yours faithfully,

sd/-

(K. Natarajan)

Under Secretary to the Govt. of India

Copy to show

## मुख्यालय पुलिस महानिदेशक, उत्तर प्रदेश ।

संख्या-डीजी-1-पीएआर-6-93

दिनांक: फरवरी

,2017

गृह मंत्रालय, भारत सरकार, नई दिल्ली के उपर्युक्त पत्र व पी0ए0आर0 फार्म-1 की प्रति संलग्न कर भारतीय पुलिस सेवा (उत्तर प्रदेश संवर्ग) के समस्त अधिकारियों को इस आशय से प्रेषित कि भारतीय पुलिस सेवा के समस्त अधिकारियों 40 वर्ष से कम अथवा 40 वर्ष से अधिक सभी अधिकारियों के लिये 1 अक्टूबर से 31 मार्च के मध्य वार्षिक स्वास्थ्य परीक्षण कराना अनिवार्य है। अतः अपनी स्वमूल्यांकन (सेक्शन-2) के साथ स्वास्थ्य परीक्षण रिपोर्ट का सारांश सभी अधिकारी अनिवार्य रूप से अपलोड करने का कष्ट करें।

(पी0सी0 मीना)

अपर पुलिस महानिदेशक, कार्मिक,

उ0प्र0, लखनऊ।

PRO FORMA FOR ANNUAL HEALTH CHECK UP OF INDIAN POLICE SERVICE (IPS) OFFICERS

Name -

Age -

Sex - M/F

**(A) (i) Examinations**

1.	General Physical Examination (i) Height (ii) Weight (iii) Chest Expansion (iv) BMI (v) Brief Clinical history, if any
2.	Systemic Examination (i) Respiratory System (ii) CVS (iii) Abdomen (iv) CNS (v) Locomotor System (vi) Dental Examination
3.	Eye Examination (i) Distant Vision (ii) Vision with Glasses (iii) Colour Vision (iv) Tonometry (v) Fundus Examination
4.	ENT (i) Hearing (ii) Oral Cavity (iii) Nose (iv) Throat (v) Larynx
5.	(i) Urological Examination (for men only) (ii) Rectal Examination (for men only)
6.	Gynecological Health Check Up (i) Pelvic Examination (a) Local Examination (b) Per Vaginum (P/V) (c) Per Speculum (ii) Surgical Examination (iii) Breast Examination

**(II) Investigations**

1.	Haemogram (i) Haemoglobin (ii) TLC (iii) DLC (a) Polymorphs (b) Lymphocytes (c) Eosinophils (d) Basophils (e) Monocytes (iv) Peripheral Smear
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2.	Urine Examination (i) Colour (ii) Albumin (iii) Sugar (iv) Microscopic Examination
3.	Blood Sugar (i) Fasting (ii) Post- Prandial .
4.	Lipid Profile (i) Total Cholesterol (ii) HDL Cholesterol (iii) LDL Cholesterol . (iv) VLDt.Cholesterol (v) Triglycerides
5.	Liver Function Test (i) S. Bilirubin (total) (ii) S. Bilirubin (direct) (iii) S.G.O.T. (iv) S.G.P.T
6.	Kidney Function Test (i) Blood Urea (ii) S. Creatinine (iii) S. Uric Acid
7.	Cardiac Profile (I) S.LDH (ii) CK-MB (iii) S.CRP (iv) SGOT <b>For Men</b> (v) PSA <b>For Women</b> (vi) PAP SMEAR

8.	X-Ray-Chest PA View Report
9.	ECG Report
10.	USG Abdomen Report
11.	TMT Report
12.	Mammography Report (Women)

### **B. MEDICAL REPORT OF THE OFFICER**

1.	Haemoglobin level of the officer	Normal/Low
2.	Blood Sugar Level Satisfactory	Normal/High/Low
3.	Cholesterol level of the officer	Normal/High/Low
4.	Liver Functioning Satisfactory	Normal/Dysfunctioning
5.	Kidney Status	Normal/ Both/ one kidney not functional optimally
6.	Cardiac Status Normal	Enlarged/Blocked/Notnormal

C. SUMMARY OF MEDICAL REPORT (only copy of this part is to be attached to PAR)

1.	Overall health of the officer	
2.	Any other remarks based on the health medical check up of the office	
3.	Health Profile Grading	

Date :

Signature of Medical Authority  
Designation