



Security Services Wing

Gyan Sarovar, Mount Abu-307 501, (Raj)

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SSW/ 2015/ ORC Pgm/ UP

Date: 9 Oct 15

To

DGP

Govt. of Uttar Pradesh

Police HQ

Lucknow

**REQUEST FOR NOMINATION OF SENIOR OFFICERS FOR NATIONAL DIALOGUE
ON "INSPIRATIONAL LEADERSHIP & SELF EMPOWERMENT" FROM 19 TO 22
NOVEMBER 2015 TO BE CONDUCTED AT ORC, DIST GURGOAN**

Respected Sir,

1. We are pleased to bring to your kind notice the activities of Security Services Wing (SSW), Rajyoga Education & Research Foundation (RERF) located at Gyan Sarovar Academy in the clean, green & serene environment of Mount Abu. SSW hosts programs for **State Police, CPOs & Armed Forces**. The courses are aimed at inducing co-relation between Management Science and Spirituality so as to empower the participants internally to cope with stressful situations and enhance their performance for optimal potential realization. *The courses are open to all irrespective of their cast, creed or religion.*

2. For the past fourteen years, the Security Services Wing (SSW) of RERF has been organizing various programs at our academy as well as at field formations for Officers & JCOs/Inspectors of Military, Para Military and Police Forces to Enhance Efficiency & Achieve Excellent Performance. **More than 14,000 troops and about seven hundred officers have taken benefit of our programs.**

3. We are organizing our next program for Senior Officers of CPOs, State Police and Armed Forces on "Inspirational Leadership & Self Empowerment" from 19 to 22 November 2015 at our Academy named Omshanti Retreat Center, located on NH 8, near Bilaspur Chowk, Patoudi Road, Dist Gurgaon (Phone No 0124-2667000). *The medium of program is English. The purpose of the training is to enlighten the officers about self concept so as to enhance values and perceptions which decide the quality, intensity and directivity of their thoughts. This helps in taking quick, correct, wise and winning decisions during demanding situations.*

पर पुलिस महानिदेशक (कार्मिक)

उ.प्र. सरकार
28/10/2015

पुलिस महानिरीक्षक (कार्मिक)

उत्तर प्रदेश

29.10.15

4. Some of the topics included in the program are as follows:-

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|-------------------------------------|------------------------------------|
| (a) Self Empowerment | (b) Leadership Qualities |
| (c) Enhancing Inner Strengths | (d) Self Concept & Decision Making |
| (e) Harmonious Relationship | (f) Sleep & Mental Empowerment |
| (g) Managing Challenging Situations | (h) Art of Happy Living |

5. The participants will be provided free Boarding/ Lodging facilities at the Academy Complex. The traveling expenses will however be borne by the participants. Pure vegetarian food will be served during stay at the academy. Participants are requested to refrain from smoking & drinking to maintain the serenity of the complex. The participants should bring a track suit for morning yoga and may wear informal dress. The participants can reach by 1500 hrs on 19 Nov & leave by 1400 hrs on 22 Nov 15.

6. **Your good self is requested to nominate five senior officers from your state** to attend the National Dialogue on "Inspirational Leadership & Self Empowerment" arranged at ORC (Omshanti Retreat Center), 12 kms from NSG Manesar, on NH-8, Dist Gurgaon from 19 to 22 November 2015.

With Warm Regards

Sincerely Yours

Ashok Kumar Gaba

(Ashok Gaba) Sqn Ldr (Retd)
Chairperson, SSW
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